

EMDR Therapy with Preschoolers, Children and Adolescents

presented by

Dr Allister Bush
EMDR Child Trainer

Kia ora, Talofa lava, Malo lelei, Kia orana, Bula Vinaka, Taloha ni, Fakalofa lahi atu, Greetings.

This 2-day training programme is open to EMDR Clinicians who work with children and adolescents and have completed their EMDR Part 1 Basic Training. It is a practical, skills-based workshop to help learn a variety of techniques to enable EMDR Therapy to be used safely and successfully with young people in Aotearoa. The training consists of lectures, demonstrations, videos and exercises designed to enable participants to develop confidence to apply their new learnings with clients.

The objectives of the training are to:

- Understand developmental needs relevant to trauma in preschoolers, primary school aged children and teenagers and their relevance to EMDR therapy
- Conceptualise a child or teenager's presentation within the Adaptive Information Processing model
- To become familiar with and use adaptations of the standard EMDR therapy protocol with preschoolers, primary school aged children and teenagers.
- To be introduced to narrative EMDR therapy methods that can be used to address PTSD in preschoolers with preverbal trauma
- To consider the role of EMDR therapy with Māori and Pacific preschoolers, children and teenagers in Aotearoa

Dr Allister Bush is a consultant child and adolescent psychiatrist working in Te Kākano o te Aroha (Māori CAMHS) and Pasifika CAMHS services in Porirua. He is an accredited EMDRNZ Child Trainer and EMDR Institute Facilitator.

He is interested in bicultural clinical practice and is a co-author of two books documenting a collaboration between Māori healing and psychiatry.

Prerequisite to attend the training is to have completed Part 1 of the Basic EMDR training.

Dates: Thursday 5th November and Friday 6th November 2026
9am-5pm.

Venue: Zoom (online)

Fee: \$680

EMDRNZ is supporting EMDR child practitioners with this training (due to the increased financial burden of extra training needed) with a \$200 subsidy. This subsidy is available to:

EMDRNZ members, who do not have an individual continuing education fund via their employer.

This is likely to be anyone working privately or for an NGO or NZ Health employees without an individual CE fund (e.g. social workers, nurses etc.)

You can apply after the training.

Registration form

Please fill out this registration form and email to **admin@allisterbush.nz**

Child EMDR Training	Online 5 th and 6 th November 2026
Name	
Organisation Name & Address	
Postal Address	
Email	
Second Email	
Phone	
Part 1 training information: Date: Trainer: <i>(Please email a copy of your certificate)</i>	
Professional Body & registration number (if applicable)	

Once you have returned your registration to **admin@allisterbush.nz** a confirmation and an invoice will be sent out. Please ensure you have read the terms and conditions of training document.

Looking forward to meeting you at the training,

Dr Allister Bush
Child and Adolescent Psychiatrist